Blount County Community Resources

BCS Family Resource Center Kelly Roberts, M.Ed. Family Resource Director Carrie Wicks, M.Ed. Family Services Specialist

> 2610 Cinema Dr. Maryville, TN 37804 (865) 980-1364 (865) 980-1369

Mission Statement

"Striving to unlock potential through care, love, and service by assisting and supporting our students and families in need."

The Family Resource Center collaborates with community agencies to assist families in the school community to help remove non-academic barriers to learning and increase the probability of school success for students.

(Resources, addresses, phone numbers, hours, etc. were correct at time of printing. These change frequently. Please consider contacting an agency/organization prior to visiting.)

State Assistance

Families First

Department of Human Services

303 Home Ave Maryville, TN 37801 (865) 981-2350

Website: www.state.tn.us/humanserv

Provides temporary assistance through employment and training. Supports include:

- Cash Assistance
- Car Repair and Transportation Reimbursement
- Professional Job Search Assistance
- Childcare Assistance
- Educational Expense Support Services
- Assistance with School Enrollment
- Tuition Assistance

You must apply for Families First through the Tennessee Department of Human Services. Can apply online.

Important Phone Numbers

Department of Human Services:

303 Home Ave, Maryville, TN 37801

(865) 981-2350

Hours: 8:00 a.m.-4:30 p.m.

They will provide an Interpreter at no charge.

Questions regarding EBT, Families First, TennCare, Medicaid and Food stamps, or reporting any changes, please call **1-866-311-4287**

Department of Children's Services:

305 Home Ave, Maryville, TN 37801

(865) 981-2366

Hours: 8:00 a.m.-4:30 p.m.

<u>Insure Tennessee</u> – help with TN Care

Website: www.insure-tennessee.org

1-844-644-5443

To Report Child Abuse: 1-877-237-0004

Clothing, Furniture, Food, Personal Care

Chilhowee Baptist Center

1905 E Broadway Maryville, TN 37804 (865) 981-2992

Monday-Thursday: 9:00am - 2:00pm

Must make appointment for services.

Bring a <u>Picture ID</u> and <u>current piece of mail</u> to each visit.

Must attend a new client consultation for first visit

Food Pantry

 May receive a 2–3-day food supply five times a year by appointment only, waiting two weeks between each visit. Toiletries and cleaning items are given with food appointments, when available.

Clothing Room

- Mondays and Wednesdays check in at 12:30pm, by appointment only
- Must attend short devotional time
- Cannot make appointment outside of that time.
- May receive clothing every two months. Includes three outfits and a pair of shoes per person in the household.
- If you are not able to make the check in time, you may send a note of permission, piece of mail and copy of ID with another person.

Furniture and Appliances

- Call ahead to reserve items if available. Keep calling if items are not available that day.
- If available, 2 items may be given every six months.

Free Haircuts

1st Thursday of every month by appointment

Clothing, Furniture

Community Chest Thrift Store

2006 E Broadway Ave Maryville, TN 37804 **865-724-1299**

Monday-Saturday: 10:00am - 5:00pm (Follow on Facebook for all updates)

A Non-profit second-hand store committed to the needs of the community.

- Clothing, Furniture, Books, Toys, Sporting equipment, home goods
- Sometimes small food items as available.
- All clothing is normally \$1
- Children's clothing up to size 4 is buy 2 get one free.
- Seasonal and sale prices can get down to .25 cents and 10 for \$1

Habitat for Humanity ReStore

548 Foothills Plaza Dr Maryville, TN 37801 (865) 379-9299

Monday–Friday: 10:00am – 6:00pm Saturday: 10:00am – 5:00pm

The mission of the Blount County Habitat for Humanity ReStore is to resell donated items to raise money to support the work of Blount County Habitat for Humanity and provide simple, affordable homes for families in need in Blount County. All proceeds from the ReStore go back into new construction, housing rehabs and housing repairs.

 Shoppers can find clothing, household items, appliances, furniture, electronics, building supplies and MUCH more at the ReStore!

Clothing, Furniture

Knoxville Area Rescue Mission Stores (KARM) – 2 local locations

1610 W Broadway Ave, Maryville, 37801 (865) 521-0770, ext. 730

٥r

250 S Hall Rd., Alcoa 37701 (865) 521-0770, ext. 302 Monday – Saturday 9 am – 9 pm (both locations)

 Clothing, furniture, toys, games, children's items, household items, electronics, appliances.

Second Chance: Family Promise Thrift Store

705 E Lincoln Road, Alcoa (865) 233-4737 Ext 201 Monday – Saturday 10:00am-4:00pm

- Proceeds from the store directly benefit the Family Promise of Blount County program.
- Appliances, electronics, furniture, and other items.

New Providence Church Community Benefit Sale

703 W Broadway Ave Maryville, TN 37801 (865) 983-0182

- Household goods, clothing, small appliances, toys, etc.
- 4th Friday of each month 8:30 to 11:00.

Community Food Connection

137 N Calderwood, Alcoa (New Midland Plaza) (865) 977-4400

Monday 10am -12pm, Wednesday 10am - 2pm Thursday 5pm -7pm, Saturday 10am -12pm Website: cfcblount.org

- Bring a Picture ID.
- Suggest frequency every 2 weeks but families are welcome to come whenever they are in need. Bags are made according to family size.
- Toiletry items are given when asked as available.
- When available, fresh produce, meat and eggs are offered.
- Serving Veterans: 3rd Saturday of the month: 2 -4pm.

Broadway United Methodist Brown Food Pantry

309 W. Broadway Ave Maryville, TN 37804 (865) 982-6192

- Food Pantry on the 2nd and 4th Saturday of the month from 9:00 AM 11:00 AM.
- Will ask for a driver's license or some form of I.D. Asked to only visit once per month.
- Bread, Cheese, and Eggs, as well as canned goods and detergent offered as available at each pantry.
- Bagged by family size.
- Enter through E. Harper Street entrance by playground or Patton Street entrance under the awning.

Food

Fairview United Methodist

2508 Old Niles Ferry Rd. Maryville, TN 37803 (865) 983–2080

 Food bank services and clothing every Wednesday from 9:00AM– 11:30AM. A picture ID is required.

Second Harvest of East Tennessee

Website: <u>secondharvestetn.org/events</u>
Often have mobile food banks in our area that will be listed on this calendar

Rio Church - Townsend

325 Webb Road Townsend, TN 37882 (865) 738-3721

Office hours: Monday – Friday 9:00am to 4:00pm

- USDA Big Box Once a month. Amount based on family size and income. **Must apply in advance**.
- Food Pantry- Tuesdays: 10:00am to 1:00pm

Longer Table Food Ministry

First Baptist Alcoa's Family Life Center 819 Gilbert St, Alcoa (865) 982-2661

- Every Friday 6pm-8pm
- Free hot meal
- Food pantry available
- All are welcome

The Family Life Center is across the parking lot from the Sanctuary.

Food Assistance and Benefits



http://benefitkitchen.com

Tennessee residents simply text "Benefits" to 211-211 and receive a screener that takes 5 to 10 minutes to complete. Once completed, applicants immediately receive notice of tax credits and benefits for which they are eligible, along with the links to apply to each benefit.

The tax credits and benefits covered in the screener currently include:

- Food Stamps (SNAP),
- Cash Assistance (TANF),
- Women Infants and Children (WIC)
- · Head Start,
- School Meals,
- · Child Care Assistance,
- TennCare (Medicaid, for adults and children)
- ACA (Affordable Care Act for adults and children)
- CHIP (Children's Health Insurance Program)
- County Medical Services
- Home Energy Assistance (HEAP)

Meals Provided

New Providence Presbyterian Church: Welcome Table Meal

703 W Broadway Ave Maryville, TN 37801 (865) 983-0182

A sit-down meal is served every <u>Tuesday</u> at 5:00pm

There is no charge and no qualifying for this meal.

First United Methodist Church

804 Montvale Station Rd Maryville, TN 37803 (865) 982-1273

A meal is served every Thursday at 5:00pm -6:00pm

There is no charge and no qualifying for this meal.

Hospitality on the Hill

401 S Everett High Rd, Maryville (865) 982-7890

- Everett Hills Baptist Church (Across from Parks and Recs)
- Mondays 5:30 6:30
- Free dinner for all! No requirements.

Longer Table – Alcoa First Baptist Church

819 Gilbert St. Alcoa, TN 37701

- Located in their Family Life Center (building is at the end of parking lot)
- Free meal every Friday at 5pm no requirements

Meals Provided

St. John United Methodist Church

2201 East Broadway Maryville, TN 37804 (865) 983-2290

- Every <u>Wednesday</u> evening there is a free <u>Community Fellowship</u>
 Dinner at the church at 5:15pm
- There are also a variety of multi-cultural activities with interpreters available. There is no handicap accessibility to or in this building.

Salvation Army Friday Lunch at Broadway United Methodist Church

309 E Broadway Ave, Maryville, TN (865) 983-7135

- Fridays 11 am 1 pm
- Free lunch to all! No requirements.

River Oaks Community Church

1220 E Brown School Rd. Maryville, TN 37804 865-980-9088

- Free hot meal in their fellowship hall
- All are welcome
- Fridays 5:30-6:30 pm

Healthcare - Dental

Trinity Dental

1127 E Lamar Alexander Parkway Maryville, TN 37804 (865) 681-0770 FAX: (865) 681-0870

FAX: (865) 681-0870 By appointment only

Bring a <u>Picture ID</u>, <u>current piece of mail</u>, And <u>ONE</u> of the following:

- Food Stamp Card, Good Sam Clinic Patient Card, Public Housing Voucher, SSI letter, Blount County Community Action Agency Voucher
- Must be <u>over 21</u> to be served

Dental Clinic: LMU College of Dental Medicine

1705 St. Mary's St. Knoxville, Tn 37917 (6th Floor) (865) 370-2128

Monday thru Friday: 8:00am – 4:00pm Website: <u>dental.LMUnet.edu</u>

- General services including dental exams, cleaning, and extractions
- Restorative dentistry services including crowns, root canals, and fillings
- Cosmetic dentistry services including bridges, dentures, partials, implants, and aligner orthodontics
- Wait times are extremely lengthy to get a return call or to be seen

Healthcare - Mental

The McNabb Center

Blount County Center 1704 East Broadway Ave Maryville, TN 37804

Website: www.mcnabbcenter.org

(865) 681-6990

The Blount County Center provides outpatient mental health, substance abuse and social services to children, adults and families living in Blount County and the surrounding communities. Services Include:

- Integrated Services Team addresses mental and behavioral health and cooccurring disorder with therapy and evidence-based treatments
 Walk-In for Initial Assessment Hours:
 - o Monday & Tuesday 8am 10:30am
 - Wednesday 1pm 2:45pm
 - Thursday 1pm 3:30pm
- <u>Firm Foundations/ESG Homeless Program</u> street outreach and case management by removing barriers and accessing community resources.
- <u>School Based Services</u> school based mental health services working with students at select Blount County Schools.
- <u>Behavioral Health Safety Net</u> Assists individuals with mental health treatments who do not have access to health insurance
- <u>Continuous Treatment Team</u> intensive outpatient services to adults who are identified as an imminent risk of potential hospitalization or other therapeutic out of home placement.
- <u>Health Link are Coordination</u> provides comprehensive healthcare services for individuals with TennCare at high risk for intensive mental health services and chronic health conditions.
- Co-Occuring MAT Outpatient Program Addiction services

^{*} As always, please visit the website for more information.

Healthcare - Mental

Compassion Counseling

200 E. Broadway Ave Suite 515 Maryville, TN (865) 724-2325

Website: https://cccmaryville.org

Our Mission is to provide counseling and education that instills hope, builds resilience, and promotes mental health and wellbeing.

Visit the Website for all Services provided. Some services include:

- Individual and Group counseling
- Child counseling for 5 years old and older
- Anger and Stress management
- Life Skills Group Counseling

*Call the phone number to discuss needs and costs.

Healthcare – Physical and Mental

Cherokee Good Samaritan Clinic

255 East Watt St Alcoa, TN 37701

Phone: (865) 273-1616

FAX: (865) 273-1645

Must bring proof of insurance (if any), last month's pay stub (if any), proof of family size in household.

Primary Care

- Colds, Flu, Physicals, Lab work, X-rays
- Medication
- Vision and Hearing Screenings
- Prenatal Care

Mental Health Services

- Mental Health
- Autism Assessment
- Outpatient Counseling
- Pharmacy Assistance

Healthcare

NFC Neighborhood Family Clinic

1720 W Lamar Alexander Parkway Maryville, TN 37801 865-617-4663

Website: www.myNFChealth.com

- Acute and Chronic Problems
- Anxiety and Depression
- Diabetes and Thyroid
- Blood Pressure and Cholesterol
- Allergies, Cough and Sinus
- School, Work and Sports Physicals
- No Insurance Necessary
- Visits as low as \$49

Blount County Health Department

301 McGhee St Maryville, TN 37801 (865) 983-4582

Website: www.blounttn.org/292/Health-Services

The health department provides health services in the areas of: immunizations, communicable diseases, pregnancy testing, sexually transmitted diseases, cancer screening, nutritional supplement program for pregnant women (WIC), care coordination for Children Special Services (CCS), care coordination for pregnant women, child health and development (CHAD), nutrition counseling for special diet if referred by a medical provider, breastfeeding information and support, AIDS/HIV testing and counseling, alcohol & drugs (A&D) intake and referral, TennCare enrollment and re-verification, and birth and death certificates.

They also have a **Primary Care Clinic**, a **General Clinic**, a **Dental Clinic** and **Family Planning**. The cost is done on a sliding scale with the minimum cost being \$5.00 if you qualify. IDs are required. Please call to see if you qualify for their services.

Healthcare- Medication

Good Shepherd Pharmacy For the Uninsured

Website: www.goodsheprx.com Email: info@goodshephealth.com Call or text: (877) 521-6337

We are a Nonprofit Pharmacy that mails 90-day prescriptions to a patient's home. We are a monthly membership Pharmacy with over 300 generics in our plan. Any drug not in our plan will be given at cost with no mark up.

- 5 Generics for \$25 per month
- 6+ Generics for \$50 per month
- Insulin and Trulicity for \$50 per month
- QR codes on labels use technology to translate medical information in 27 different languages
- Routine calls to check on patients' well-being.

REQUIRED: Phone number and an address in which to receive medication.

(Does not provide controlled substances by law because of non-profit status.)

Healthcare - Pregnancy

Healthy Families America McNabb Center

Monday - Friday: 8:00am -5:00pm

865-329-5808

Website: <u>Mcnabbcenter.org</u> or Healthyfamiliesamerica.org

- Free and voluntary home visitation program
- Serves expectant parents and new parents with infants three months old or younger
- Education and support services as well as events to promote family unity and bonding

Pregnancy Resource Center

103 Station Dr.
Maryville, TN 37804
Monday – Thursday: 12:00pm – 5:00pm
(865) 977-8378

Website: prcbctn.com

- All Services are FREE and CONFIDENTIAL
- Pregnancy testing
- STI testing
- Ultrasound Imaging

Housing

Maryville Public Housing/Section 8

311 Atlantic Avenue, Maryville, TN 37801 (865) 983-4958

Office Hours: Monday – Thursday 8:00am – 5:00pm

(Closed 12:30pm – 1:00pm for lunch)

Website: mha@mhatn.com

- It is best to fill out an application and turn it in to MPHA online or at the office as soon as possible. The waiting list is long, and availability is limited.
- There are a few options for housing in the Maryville area.

Affordable Rental Housing

Go to the website: www.TNHousingSearch.org

- Search Blount County. This is a free housing resource to help you find the right home for your needs and budget.
- See sheet in folder with affordable housing listings for all Blount County.

Housing

Habitat for Humanity

1017 Hampshire Drive Maryville, TN 37801 (865) 982-8717

www.blounthabitat.org

Hours:

Monday-Friday, 8:30 a.m. to 4:30 p.m.

The Program

Blount County Habitat for Humanity (BCHfH) builds and sells homes to eligible buyers in the Blount County community. This is made possible with the very hard work of the buyers, volunteer labor, grants, donors, and sponsors. BCHfH does not offer 1st mortgage loans. All BCHfH homes are purchased using affordable 1st mortgage loans from other approved lenders. BCHfH's Homeownership program works with eligible buyers to prepare for a mortgage loan application and homeownership.

The homeownership program offers many benefits:

- 1. Free help preparing for a mortgage loan
- 2. Help with closing costs
- 3. In-house down payment assistance grants for those eligible
- 4. Free homebuyer education
- 5. Free financial management mentoring
- 6. Free credit counseling if needed

Please call to see if you are an eligible buyer.

Utility Assistance, Life Coaching

Blount County Good Neighbors

Office Hours: Monday and Wednesday: 9:00am - 1:00pm

Friday: 9:00am – 3:00pm (865) 681-5420

Website: goodneighborsbc.org

Limited financial assistance:

When appropriate, Good Neighbors may assist with partial payment of past due bills for life's basic needs (utilities, rent).

Make an appointment **BEFORE** you receive your cut off notice!

- Call and make an appointment.
- Meet one-on-one with a volunteer coach to assess their situation and possible solutions.
- Referrals to and networking with other agencies in Blount County.
- Creating a plan for success to help them move toward selfsufficiency.
- Follow-up calls 2 to 3 months after each visit to check on progress and offer additional resources when helpful.
- FREE one-on-one budget coaching whether receiving Good Neighbor services or not. Explore choices for household spending. Choose additional sessions and topics as you wish.
- Call the number above to make an appointment for a FREE budgeting session.

Utility Assistance, Food

Blount County Community Action Agency

3509 Tuckaleechee Pike Maryville, TN 37803 (865) 983-8411

Monday – Friday: 8:30am - 4:00pm Website: <u>blountcaa.org</u> Call before visiting

Low Income Home Energy Assistance Program (LIHEAP)

- To provide annual one-time assistance with home energy costs to eligible lowincome households.
- BCCAA is taking LIHEAP applications.
 Please call 865-983-8411 to schedule an appointment.

Low Income Home Water Assistance Program (LIHWAP)

- To aid with Water Utility costs
- Applications available, call 865-983-8411

Rental Assistance
Dental Assistance
Garden Program
Safer Home Program
Covid Impact Services
Community Nutrition Programs

Commodity Food Distribution

- U. S. Department of Agriculture surplus foods are distributed to low income (150% of federal poverty guidelines) households four times each year. A typical distribution provides 40-45 pounds of food to a household and may feature items such as rice, beans, peanut butter, soup, spaghetti, canned fruits and vegetables, powdered milk, nuts, dried fruit, etc.
- **Eligibility:** Proof of Blount County residency; Self-declaration of income (150% of federal poverty guidelines).

Office on Aging

- Medicare beneficiaries may save money on groceries, healthcare, and utilities.
- Serves 60+, and some disabilities accepted

<u>Weatherization Assistance Program</u>: Knoxville Office serves Blount County. Call 865-546-3500

Family Support

CHAP

Columbus Home Assisting Parents

119 Dameron Avenue Knoxville, TN 37917

(865) 361-8094 (For Blount Co.)

Columbus Home Assisting Parents (C.H.A.P.) is a home-based parent education and support service for families that are experiencing life stressors that impact parenting abilities. By working to increase parents' skills and coping abilities, the goal of C.H.A.P. is to ensure the safety and well-being of children in the home.

- Free support for ANY FAMILY with Children
- Provides parenting education, crisis intervention, and case management
- A voluntary program and families must Self-refer
- Will advocate for community resources to assist and improve the family's well-being.
- Meets with families in the privacy of their own homes, everything is confidential.

Family Support

Relative Caregiver Program

Director: Dusty Cantrell E-mail: Dcantrell@omnivisions.com (865) 755-3290 or 1-866-321-9111

- Provides assistance and support to relatives who are raising their grandchildren, nieces, nephews.
- Includes the following services: Assessment of needs, home and community-based services and referral to other supports, caregiver support groups, enrichment opportunities, family advocacy, and short-term case management.
- One-time emergency financial and/or start-up assistance.

Salvation Army Relatives Raising Kids Program

(865) 983-7135 www.salvationarmymaryville.org

- At least monthly events and outings for children 6-12 being raised by a relative
- Overnight summer camp for 7–12-year-olds with eligibility
- Additional opportunities for community and support

Childcare

Blount County Boys and Girls Club

520 S Washington St Maryville, TN 37804 (865) 232-1240

Website: bgctnv.org

The Boys and Girls Club serves children ages K-12th grade.

Programs include:

- After-school care from Dismissal to 6:00 pm that includes dinner and a snack.
- Homework assistance from 3:00 pm to 5:00 pm.
- Full-day care from 7:30 am to 6:00 pm during school breaks that includes breakfast, dinner, and a snack.
- Full-day care from 7:30 am to 6:00 pm during summer vacation that includes breakfast, dinner, and a snack as well as 3 field trips a week.

Children can visit the gym, tech lab, games room, education room, and arts/crafts room during their time at the Boys and Girls Club.

Fees:

- \$30 per week during school for ages 5 to 10.
- \$60 per week during holidays and breaks.

Scholarships are available. Call to inquire.

Technology

Blount County Public Library

508 N Cusick St Maryville, TN 37804 865-982-0981

Website: http://www.blountlibrary.org

- IDs are needed-with a photo and a piece of mail to verify your mailing address.
- There are no fees required for your first library card.
- Library cards may be used to borrow print books as well as electronic books and materials.
- There are a variety of programs to explore for children through adults.
- Computers are available along with assistance if needed.
- Please visit the library or their website to see all their offerings. There
 is also a monthly calendar available at the library which previews their
 events including specific events for children and teens.

PCS for People

Website: www.pcsforpeople.org

 Provides refurbished technology to economically disadvantaged households

Affordable Connectivity Program 877-384-2575

Website: https://www.affordableconnectivity.gov/

- Provides eligible households with a discount on broadband services and connected devices up to \$30 per month on the monthly bill.
- Has a link for providers in each state that are participating

Education

American Job Center

366 Glascock Street, Suite 100 Alcoa, TN 37701 **865-379-5525** Monday-Friday 8:00am – 4:30pm

Offers a variety of services aimed toward helping individuals find, secure, and retain employment, free of charge. Services include:

- Resume Writing
- Job Searching
- School and Training Opportunities
- Financial Aid Assistance
- Post-Secondary Schools Information
- Paid Work Experiences (Ages 18 24)

Adult Education Center

366 Glascock Street, Suite 100 Alcoa, TN 37701 865-981-9267

Monday, Wednesday, and Friday: 8:00am – 4:30pm Tuesday and Thursday: 8:00am – 8:00pm

- Offers free preparatory services for individuals preparing to take the HiSET (High School Equivalency Exam), in addition to some Basic Skill training.
- Classes are offered in both the mornings and the evenings. Students are required to attend orientation before beginning.
 - Adult ESL classes Monday thru Friday morning at Maryville First Baptist.

Those interested should call to secure placement.

Domestic Violence

Haven House

24-Hour Hotline 865.982.1087

PO Box 134 Alcoa, TN 37701

Office: (865) 983-6818 Shelter: (865) 982-1087

Haven House provides services related to domestic violence to Blount County

Services include the following:

- 24-Hour Crisis Line
 24/7 staff availability via telephone
- Emergency Shelter

Approximately 30-day shelter for domestic violence victims and their children, clothing, personal items, food

- Court Advocacy
 - Accompany victims to court for orders of protection and criminal assault cases, advocate on behalf of victims
- Adult and Child Victims Support Group
 Facilitated discussions on women's domestic violence issues open to victims and community
- Prevention Programs for Children & Teens
 Provide educational presentations and promotion of non-violence
- Counselling

Individual discussions with victims regarding available options

- Referrals to Other Organizations/Agencies
 Housing, employment, welfare, childcare, legal system, healthcare, local resources
- Case Management
 Individual plan of action for victims developed with staff assistance
- Outreach Services
 Advocacy, counselling, support for victims and survivors